

Estar, sentirse, and tener

Preview

- Estar
- Sentirse

Estar

- You have used **ser** to tell what people and things are normally like.

Mi amigo **es** joven.
My friend is young.

- Use **estar** with adjectives describing mental or physical states or conditions.

Está muy cansado.
He's very tired.

Sentirse

- Like **estar**, **sentirse** (*to feel*) can be used with adverbs **bien/mal** or with adjectives to describe mental or physical states.

sentirse (e → ie)

yo me siento	nosotros(as) nos sentimos
tú te sientes	vosotros(as) os sentís
Ud., él, ella se siente	Uds., ellos, ellas se sienten

Nos sentimos cansados. No **se sienten** bien.
We feel tired. *They don't feel well.*